



3 QUESTIONS TO ASK YOURSELF

Question #1 - Who has what you want?

What do they do first thing in the morning?

What do they wear?

What do they eat?

How do they spend their days?

How do they spend their evenings?

How do their homes and workspaces look?

BRING THE
EXPERIENCE
INTO YOUR
LIFE BY
ACCESSING
THE FEELING
OF ALREADY
HAVING IT

"What you think, you
become. What you feel,
you attract. What you
imagine, you create."

-Buddha

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Question #2 - How would it feel if, for the past year, you already had this in your life?

Describe the last year of your life - as if you are looking back and sharing with an old friend who you haven't seen in a long time.

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Question #3 - What can you do, right now, to get the feeling of already having what you want?

SUGGESTIONS:

- Go browsing in the stores and try on clothes that make you feel the way you would feel if you already had what you want.
- Write a check for the amount you want.
- Dress as though you already have what you want.
- Go to a restaurant alone and imagine that everyone around you knows that you already have what you want.
- At home, set up your desk or a special space that makes you feel the way you would feel if you already had what you want.